

**OXFORD CAMBRIDGE AND RSA EXAMINATIONS
AS LEVEL**

H155/02

PHYSICAL EDUCATION

**Psychological and socio-cultural
themes in physical education**

MONDAY 5 JUNE 2017: Morning

**TIME ALLOWED: 1 hour 15 minutes
plus your additional time allowance**

MODIFIED ENLARGED

First name		Last name	
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Centre number						Candidate number				
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No additional material is required for this Question paper

READ INSTRUCTIONS OVERLEAF



INSTRUCTIONS

Use black ink.

Complete the boxes on the first page with your name, centre number and candidate number.

Answer ALL the questions.

Write your answer to each question in the space provided. If additional space is required, use the lined page(s) at the end of this booklet. The question number(s) must be clearly shown.

INFORMATION

The total mark for this paper is 70.

The marks for each question are shown in brackets [].

Quality of extended response will be assessed in the question marked with an asterisk (*).

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SECTION A

Answer ALL the questions.

- 1 (a) (i) From the list below, select **ONE** practice type that would be most suitable for practising a set shot in basketball. A set shot is performed standing still and without jumping.

Put a tick (✓) in the box next to the correct answer.

- | | | |
|---------------------|--------------------------|-----|
| A. Whole/part/whole | <input type="checkbox"/> | |
| B. Varied | <input type="checkbox"/> | |
| C. Massed | <input type="checkbox"/> | |
| D. Progressive/part | <input type="checkbox"/> | [1] |

- (ii) Apart from those listed above, identify **ONE** other practice type and explain why it would be suitable for practising a set shot in basketball.

Practice type: _____

_____ [2]

- (iii) Identify ONE practice type that would NOT be suitable for teaching the triple jump and give ONE reason why it is not suitable.**

[2]

- (b) (i) Using a practical example, describe mechanical guidance.**

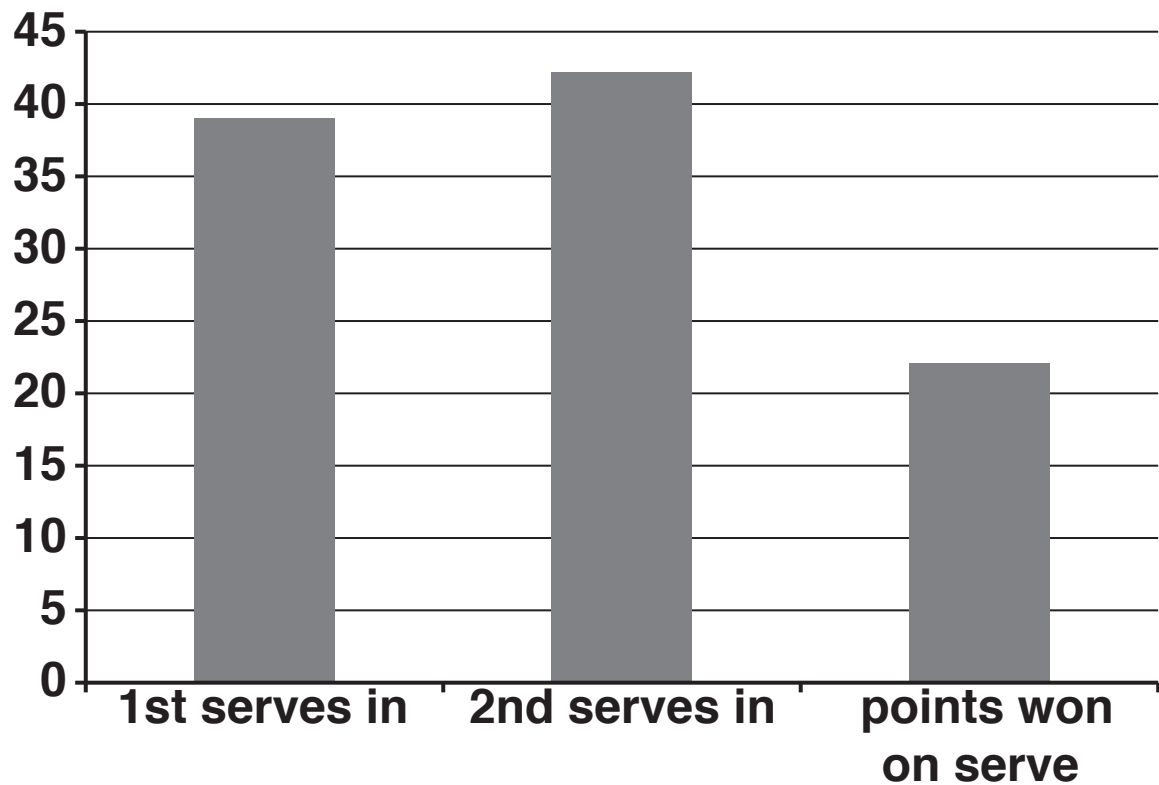
[2]

(ii) Evaluate the method of mechanical guidance.

[3]

- (c) FIG. 1C shows the number of first serves in, second serves in and points won on serve for a tennis player.

FIG. 1C



- (i) What type of feedback for the player best describes this information?

_____ [1]

(ii) Discuss the advantages and disadvantages of using this type of feedback.

(d) A teacher demonstrates how to perform a table tennis serve to her class, using her knowledge of Bandura's theory of observational learning. She draws the class's attention to important parts of the demonstration such as the position of the bat and the angle of the wrist.

(i) Using this example, explain TWO other elements of Bandura's theory of observational learning other than attention.

Element 1: _____

Element 2: _____

[4]

(ii) Explain TWO factors that may encourage the copying of the demonstration.

[2]

2 (a) (i) Define personality.

_____ [1]

(ii) According to the trait theory of personality how is an individual's personality formed?

_____ [1]

(iii) Using an example from a team sport, describe the behaviour of a stable extrovert.

_____ [2]

(b) A group of hockey players have formed a school team. They are just getting to know each other and the teacher is taking a lead role in decision making.

(i) According to the stages of group development (Tuckman), identify and explain what would be the next stage of this team's development.

Stage: _____

_____ **[3]**

(ii) Steiner's model of group effectiveness refers to faulty processes.

Identify and explain ONE faulty process that might affect the hockey team's effectiveness.

_____ **[2]**

(c) An Olympic gymnast is just about to go on the floor to perform his routine.

(i) Explain why he may experience some anxiety even though he is not normally an anxious person.

[2]

(ii) The Olympic gymnast is experiencing high levels of anxiety. Using your knowledge of the zone of optimal functioning, explain why this high anxiety could still result in a good performance for him, but could result in a poor performance for another gymnast in the same competition.

[3]

(d) (i) Define aggression.

_____ [1]

(ii) In sport, frustration can often lead to aggression.

Discuss this statement referring to the frustration-aggression hypothesis.

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_____ [5]

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- [5]

(ii) Identify ONE way in which transport improved opportunities to participate in sport in post 1850 industrial Britain.

[1]

- (b) Fig. 3b shows the weekly working hours of three men who had the same job but at three different periods of history.

FIG. 3B

Name	Working hours
Jim	40 hours
William	75 hours
John	57 hours

- (i) Plot the names of each of the three men on the timeline to show at what period of history they would have been working. [1]



- (ii) Using Fig. 3b, explain how the different working hours affected an individual's opportunity to participate in sport.

[3]

(c) Evaluate the effect of media coverage on sport in the 21st Century.

[illegible]

(d) (i) Identify TWO aims of the modern Olympic Games.

[2]

(ii) Outline the background to the start of the modern Olympic Games.

[3]

SECTION B

- 4* Define arousal and explain the different theories of the effects of arousal on performers in sport.**

Discuss how arousal level may have different effects depending on the stage of learning of the performer and the type of skill being performed. [10]

[illegible]

[illegible]

END OF QUESTION PAPER

ADDITIONAL ANSWER SPACE

If additional space is required, you should use the following lined page(s). The question number(s) must be clearly shown in the margin(s).

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